PPE Hazard Assessment & Selection Checklist

Assessment details and hazard screening

Purpose Use this worksheet to record the task, identify hazards and remaining exposure, select suitable PPE categories, and confirm fit, compatibility, inspection, training and review arrangements.

1 Assessment details

ORGANISATION / COMPANY

SITE / PROJECT

WORK AREA / DEPARTMENT

TASK / PROCESS

ASSESSOR

COUNTRY / JURISDICTION

ASSESSMENT DATE

PLANNED REVIEW DATE

2 Describe the task and identify who may be exposed

TASK, EQUIPMENT, MATERIALS AND WORK CONDITIONS

PEOPLE EXPOSED / FREQUENCY / DURATION

3 Hazard screening - tick every category that requires assessment

- ☐ Impact, falling or flying objects
- ☐ Chemical splash, skin contact or biological contamination
- ☐ Continuous or impulse noise
- ☐ Electrical contact or arc-related thermal exposure
- ☐ Falls from height, restraint, arrest or rescue needs
- ☐ Cuts, punctures, abrasion or sharp edges
- ☐ Dust, mist, fumes, gases, vapours or oxygen concern
- ☐ Contact heat, flame, molten splash, cold or weather
- ☐ Low visibility, traffic, wet, oily or uneven surfaces
- ☐ Other, combined or changing work condition

General planning tool - verify local requirements and exact product instructions.

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Task-level hazard and PPE selection worksheet

Complete one row for each task and hazard. Record existing controls first, then describe the remaining exposure before selecting PPE. Use a continuation copy of this page when more rows are needed.

Ref	Task / work area	Hazard and exposure route	Existing controls and remaining risk	Required PPE category	Performance, standard or document requirement	Fit, compatibility and inspection notes

General planning tool - verify local requirements and exact product instructions.

PPE Hazard Assessment & Selection Checklist

Selection confirmation, implementation and approval

A. Selection confirmation

- [ ] The PPE addresses the identified hazard and remaining exposure.
- [ ] The exact model, variant and intended use have been identified.
- [ ] Required performance level, standard edition or approval has been checked.
- [ ] Marking, instructions and supporting product evidence match the exact model.
- [ ] Sizes are available and representative users have completed fit checks.
- [ ] The complete PPE combination has been checked for interference.
- [ ] The equipment does not create an unacceptable new hazard.
- [ ] Users understand limitations, warning labels and foreseeable misuse.

B. Implementation and lifecycle controls

- [ ] Issue, replacement and reporting responsibilities are assigned.
- [ ] Training covers when PPE is needed, use, adjustment, removal and limitations.
- [ ] A pre-use inspection method is defined for the exact equipment.
- [ ] Any required recorded or competent-person examination is scheduled.
- [ ] Cleaning, decontamination and shared-use controls are defined.
- [ ] Storage protects equipment from heat, sunlight, chemicals and deformation.
- [ ] Damage, contamination, event-exposure and replacement criteria are defined.
- [ ] The assessment will be reviewed when tasks, hazards or equipment change.

4 Outstanding actions and approval

OUTSTANDING ACTIONS, RESPONSIBLE PERSON AND TARGET DATE

ASSESSOR NAME / SIGNATURE	DATE	REVIEWER / APPROVER	REVIEW / APPROVAL DATE

Important limitation

This checklist is a general planning aid. It does not replace a competent task-specific assessment, exposure monitoring, applicable law, medical evaluation, training, rescue planning, or the instructions supplied with the exact PPE. Do not treat a CE mark, standard number, certificate or test report as proof that every product is suitable for every task.

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Hazard-to-PPE quick reference and source notes

Use this reference only as a prompt during assessment. The final equipment combination must come from the task, exposure, applicable requirements, exact product evidence, fit and compatibility checks.

Hazard	Typical PPE category	Key selection question
Impact / flying objects	Head, eye/face and foot protection	What can strike the wearer, from which direction and with what likely energy?
Cuts / punctures	Hand/arm protection and protective footwear	Which cut, puncture and abrasion risks must be balanced with grip and dexterity?
Chemical / biological exposure	Eye/face, hand, body and respiratory protection	What is the substance, concentration, exposure route and compatible barrier material?
Airborne contaminants	Respiratory and eye protection	Is the hazard a particle, mist, fume, gas, vapour or oxygen-deficient atmosphere?
Noise	Hearing protection	What is the measured exposure and required real-world attenuation?
Heat, flame or cold	Hand, body, face and foot protection	Is the hazard contact heat, molten splash, flash fire, radiant heat, cold or weather?
Electrical hazard	Hand, foot, eye/face and body protection	Which contact or arc-related risk and exact performance rating apply?
Fall from height	Full-body harness and compatible system components	What are the anchorage, clearance, swing-fall and rescue requirements?

Authoritative reference points

OSHA - Personal Protective Equipment overview
OSHA - 29 CFR 1910.132 General requirements
CDC/NIOSH - Hierarchy of Controls
HSE - Using the right type of PPE
EUR-Lex - Regulation (EU) 2016/425 (consolidated text)

Document control and notes

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Review this worksheet when work, hazards, PPE or local requirements change.

ADDITIONAL NOTES